



Lunch Menu

MIDDLE & UPPER SCHOOL
SEPTEMBER 2022

\$8.20 PER LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Sloppy Joes Homemade Chips Steamed Corn Fresh Fruit Beverage Caesar Salad	30 Chicken Sandwich w/Lettuce & Tomato Pickles French Fries Corn Fruit Beverage Caesar Salad	31 Fresh Turkey & Cheddar Sandwich Chips Fresh Fruit Chocolate Chip Cookies Beverage Caesar Salad	1 Hard Shell Beef Taco Spanish Rice Beans Fresh Fruit Churros Beverage Caesar Salad	2 Pizza Day Cheese, Pepperoni or Sausage Fruit Caesar Salad Beverage Caesar Salad
5 Labor Day NO SCHOOL	6 Corn Dog French Fries Baked Beans Fresh Fruit Ice Cream Sandwich Beverage Greek Salad	7 Penne Pasta w/Marinara Sauce Italian Meatballs Steamed Broccoli Garlic Bread Stick Fresh Fruit Beverage Greek Salad	8 Gyro Pita Sandwich w/Tzatziki Falafel Fresh Fruit Beverage Greek Salad	9 Hamburger/Garden Burger Condiments French Fries Baked Beans Fresh Fruit Beverage Greek Salad
12 All-Beef Hot Dog w/Chili Cheese Onion Homemade Chips Cole Slaw Fruit Beverage Chef Salad	13 Sweet & Sour Chicken w/Oriental Vegetables Steamed Rice Vegetable Egg Roll Fresh Fruit Fortune Cookie Beverage Chef Salad	14 Grilled Cheese Sandwich Tomato Soup Tator Tots Fresh Fruit Beverage Chef Salad	15 BBQ Chicken Cheddar Potatoes Green Beans Dinner Roll Fruit Beverage Chef Salad	16 Nacho Bar Build Your Own; Seasoned Beef, Refried Beans, Cheese Sauce & More! Fruit Churro Beverage Chef Salad
19 Breakfast for Lunch Cheddar Cheese Omelette Bacon Breakfast Potatoes Biscuit Fresh Fruit Beverage Caesar Salad	20 Chicken Tenders Mac-n-Cheese Green Beans Fresh Fruit Cookie Beverage Caesar Salad	21 Cheese Enchiladas Spanish Rice Borrancho Beans Fresh Fruit Churro Beverage Caesar Salad	22 Pizza Day Cheese, Pepperoni or Sausage Fruit Caesar Salad Beverage Caesar Salad	23 NO LUNCH SERVED Noon Dismissal for Parents Association's CARNIVAL
26 Professional Day NO SCHOOL	27 Corn Dogs French Fries Baked Beans Fresh Fruit Ice Cream Sandwich Beverage Garden Salad	28 Bean and Cheese Burrito Spanish Rice Chips w/Salsa Pork Green Chili Fruit Beverage Garden Salad	29 Teriyaki Chicken w/ Oriental Vegetables, Steamed Rice Vegetable Egg Roll Fruit Fortune Cookie Beverage Garden Salad	30 Jumbo Cheese-Filled Pasta Shells w/Marinara Sauce Green Beans Garlic Bread Stick Fruit Brownie Beverage Garden Salad

Greek Salad: Mixed greens, olives, cucumber, tomato, feta cheese, artichoke heart & balsamic Vinaigrette

Garden Salad: Mixed greens, tomatoes, cucumbers, carrots, dressing & croutons

Caesar Salad: Romaine lettuce, parmesan cheese, dressing, & croutons, w/ French bread roll & butter

Chef Salad: Mixed greens, ham, turkey, cheese, egg & veggie Croutons