

KINDERGARTEN COLORADO EXPEDITION 2024 STUDENT GEAR LIST

FOOD: for Thursday

_____ Healthy sack lunch and drink that is completely disposable, no glassware

****** No ice packs or lunchboxes

SLEEPING GEAR:

_____ Sleeping bag

_____ Pillow

_____ 1 small stuffed animal or doll (**optional**, if child sleeps with one at home)

****** No blow-up mattresses, cots, or foam or inflatable sleeping pads

CLOTHING:

To be worn to school on Thursday

_____ Comfortable walking shoes (no sandals)

_____ Warm activewear jacket

_____ Sun hat or baseball cap

_____ sunscreen

For sleepover

_____ Pajamas

Change of clothes for Friday

_____ 1 complete and weather-appropriate outfit, including

_____ pants or shorts

_____ t-shirt (long or short-sleeved)

_____ underwear

_____ socks (can be wool or polar fleece if weather-appropriate)

****** This complete outfit is to be packed in a separate bag (plastic, cloth, Ziploc, or paper)

TOILETRIES:

_____ Toothbrush

_____ Toothpaste

_____ Hairbrush or comb

*****Parent checks in gear WITH child on Thursday morning – Please plan on spending 10-15 minutes on this process.** Parents must come into the Kindergarten classroom and check-in gear with their child on Thursday morning at 8:00 a.m. We will give you a checklist to complete with your child. We do this so every child is aware of what he/she has and where it is stored.

1ST GRADE
COLORADO EXPEDITION
2024 STUDENT GEAR LIST

FOOD: for Thursday

_____ Healthy sack lunch (which may be ordered from CSS) and drink that is completely disposable, no glassware

** No ice packs or lunchboxes -- all lunches will be placed in a class cooler

SLEEPING GEAR:

_____ Sleeping bag

_____ Pillow

_____ 1 small stuffed animal (optional, if child sleeps with one at home)

_____ Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (no power-inflated mattresses)

CLOTHING: Includes what is to be worn to school on Thursday

_____ 1 pair comfortable and sturdy closed toed walking shoes (like sneakers)

_____ 2 pair socks

_____ 2 pair underwear

_____ 1 pair long pants

_____ 1 pair shorts

_____ 1 t-shirt

_____ 1 long-sleeved shirt

_____ 1 fleece sweater, hoodie sweatshirt, or heavy flannel

_____ Warm activewear jacket

_____ Rain jacket

_____ Pajamas

_____ Slippers (optional)

_____ Sun hat or baseball cap

_____ 1 warm fleece or knit hat that covers ears (if necessary, dependent on weather)

_____ 1 pair warm gloves or mittens (if necessary, dependent on weather)

TOILETRIES:

_____ Toothbrush and toothpaste

_____ Washcloth

_____ Hairbrush or comb

_____ Chapstick

_____ Sunscreen

_____ Medication (given to Holly Hannum, as applicable)

PERSONAL ITEMS:

_____ Reusable water bottle

<p><u>ALL</u> personal items must be marked with name or initials. Yes! Even toothbrush/toothpaste, socks, underwear, and pillow!</p>

2nd GRADE

COLORADO EXPEDITION

2024 STUDENT GEAR LIST

Pack in an overnight bag: (Please label everything)

- ___ Sleeping Bag- no sleeping pad needed
- ___ Pillow
- ___ Pajamas or sweats and shirt for sleeping
- ___ A change of clothes for Friday
- ___ Toiletries: toothbrush and toothpaste, soap, washcloth, small towel, hairbrush
- ___ **One** (small) favorite doll or stuffed animal for bedtime

*** Please have all gear in no more than two bundles. For example, one bag for clothing and toiletries and one bag for sleeping bag and pillow. Please label everything with your child's name.

In a daypack (backpack) for Thursday:

- ___ two snacks for Thursday (separate from lunch)
- ___ a sack lunch or use the preorder form (included) for a sack lunch from school prior to trip
- ___ rain gear, including light jacket (or a heavy one, depending on the weather)
- ___ two hats (one for warmth, one for sun protection)
- ___ filled water bottle
- ___ sunscreen (applied)
- ___ lip balm (applied)
- ___ disposable camera or digital camera (optional, child's responsibility to keep track of and care for the camera)
- ___ paperback book for reading in the van

DO NOT BRING candy or gum, electronic games, phones, money, or medication. Medication that needs to be administered to your child during the overnight should be brought to Dr. Hocate prior to the trip.

3rd GRADE
COLORADO EXPEDITION
2024 STUDENT GEAR LIST
MAY 8 - MAY 10, 2024: JOHN MARTIN RESERVOIR/LA JUNTA

IMPORTANT: All items on this list are to be packed together in one large duffel bag. No suitcases or garbage bags will be allowed. Children are expected to practice packing their own bag; doing so will ensure that children are familiar with the contents in their bag and help them to have personal responsibility for the gear they bring on Colorado Expedition. **According to historical weather conditions, temperatures at John Martin Reservoir can range between highs of 66 to 77 degrees fahrenheit with lows between 44 - 54 degrees fahrenheit. All activities will be weather dependent, but we ask that students pack accordingly.**

ALL personal items (clothing and gear) must be marked with child's name or initials.
The use of a Sharpie marker works well.

* Denotes items that are to be **packed in day pack** so students will have them in the van on the morning of departure.

SLEEPING GEAR:

- _____ Synthetic sleeping bag, semi-rectangular or mummy-style (comfort rating in the range of -10°F to +15°F) → DO NOT BUY A NEW ONE IF YOURS IS NOT THIS RATING
- _____ Fleece sleeping bag liner/travel sheet (recommended but optional)
- _____ Stuff sack for sleeping bag (No garbage bags)
- _____ Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (no power-inflated mattresses)
- _____ Small pillow (optional)

CLOTHING: Excludes what is to be worn to school on Wednesday

- _____ 1 extra pair comfortable and sturdy closed-toe shoes appropriate for hiking -- *no sandals!*
- _____ 2 pairs socks (one should be wool or polar fleece)
- _____ 2 pairs underwear
- _____ 2 pairs long pants
- _____ 1 pair shorts
- _____ 2 t-shirts
- _____ 1 warm long-sleeved shirt, such as flannel or turtleneck
- _____ 1 warm sweater/sweatshirt
- _____ Warm activewear jacket
- _____ 1 pair warm pajamas
- _____ 1 warm fleece or knit hat that covers ears
- _____ 1 pair warm gloves or mittens
- * _____ Sun hat or baseball cap
- _____ Bandana or cloth scarf (optional)
- * _____ 1 set waterproof rain gear -- hooded jacket and pants (No ponchos)
- _____ 1 swimsuit (1-piece only for girls) → use of this will be weather dependent

_____ 1 towel (for drying off after wading in lake)

** 3rd-grade gear list continued on next page **

Notes about rain gear:

- **Waterproof/Breathable (WP/BR) rainwear (pants and jacket) is recommended -- examples include Gore-Tex, MemBrain (by Marmot), Dry.Q (by Mountain Hardwear), REI Elements, and HyVent (by The North Face).**
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath the outerwear.
- It is best if rain pants include zippers from the bottom of each leg. This feature allows pants to be put on and taken off over shoes.
- Students will be expected to pack rain gear in daypacks *daily* on Colorado Expedition.

TOILETRIES:

- _____ Toothbrush and toothpaste, carried in a Ziploc bag marked with name
- _____ Washcloth and small towel
- _____ Hairbrush or comb
- * _____ Chapstick SPF 15
- * _____ Sunscreen
- * _____ Travel-size hand sanitizer
- * _____ Travel-size wet ones/wipes

PERSONAL ITEMS:

- * _____ (for Wednesday only) Healthy sack lunch and drink that is completely disposable, OR CSS boxed lunch
- _____ Day pack (this can be the student's school backpack. You do NOT need to purchase new.)
- _____ Head lamp/flashlight with new batteries, plus extra batteries packed in a Ziploc
- * _____ Reusable (filled) water bottle with screw cap or straw (must be spill-proof;- no sport lids or Camelbacks)
- _____ Set of camping dishware and utensils (aka Mess Kit)
- sturdy metal or plastic plate and bowl
 - insulated mug with handle and lid
 - knife, fork, and spoon (No disposable plastic silverware)
 - mesh "mess" bag with a zipper or drawstring and a Carabiner (for attaching to a line to air-dry dishes)
- _____ Pen, pencil, and small spiral-bound notebook
- * _____ 1 or 2 paperback books (for reading at night time or in the van)
- _____ Camera, disposable or digital (optional, but child's responsibility if brought)
- * _____ Sunglasses (optional)

GEAR (NOT DAY PACK) WILL BE DUE ON MONDAY, MAY 6th AT 8:00 A.M. DAY PACKS (WITH PACKED LUNCHES) WILL BE DUE ON WEDNESDAY, MAY 8TH (DAY OF DEPARTURE)

DO NOT BRING:

gum, electronics, phones, weapons, lighters, toys/games, items not on the list

4th GRADE COLORADO EXPEDITION 2024 STUDENT GEAR LIST

IMPORTANT: All items under the DAY PACK list are to be packed in your child's day pack. All other items on the list are to be packed in 1 Personal Gear Bag (sleeping bag and sleeping pad can be separate.) No suitcases or garbage bags will be allowed. Children are expected to practice packing their own bags; doing so will ensure that children are familiar with the contents in their bag and help them to have personal responsibility for the gear they bring on Colorado Expedition. The school will provide goggles to wear on the dunes if it is windy.

ALL personal items (clothing and gear) must be marked with your child's name or initials. The use of a Sharpie marker works well.

FOOD: Departure Day: Healthy sack lunch and drink that is completely disposable- no glass.

PERSONAL GEAR BAG: Students will not have access to their Personal Gear Bag until late afternoon on arrival day. Do not back any items on the DAY PACK list in the gear bag.

SLEEPING GEAR:

- _____ Synthetic sleeping bag, semi-rectangular or mummy-style **with a comfort rating in the range of -10°F to +15°F.**
- _____ Fleece sleeping bag liner/travel sheet
- _____ Stuff sack for sleeping bag (No garbage bags)
- _____ Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (**no power-inflated** mattresses; it is recommended that the **sleeping pad be 2 to 3.5 inches thick and rated for low temperatures.** This is very important in order to BLOCK the cold from the ground.)
- _____ Small pillow

CLOTHING: All clothing should be packed in Jumbo Ziploc bags to protect from moisture and to then separate dirty clothes from clean. This list is **in addition** to what they wear on departure day.

- _____ 1 extra pair of comfortable and sturdy closed-toe shoes (Keen-type/Chaco sandals with back straps are OK) -- no flip flops!
- _____ 1 pair water shoes or waterproof sandals
- _____ 1 swimsuit
- _____ 4 pair socks (one should be wool or polar fleece)
- _____ 4 pair underwear
- _____ 3 pair long pants (No jeans – material should be polyester, nylon, or COOLMAX for quick drying)
- _____ 3 warm long-sleeved non-breathable shirts, such as flannel or base layer material
- _____ 2 pair shorts
- _____ 2 t-shirts
- _____ 1 warm sweater, 100% wool or polar fleece -- no cotton sweatshirts!
- _____ warm activewear jacket
- _____ 1 warm fleece or knit hat that covers ears
- _____ 1 pair warm gloves or mittens

_____ 2 pair winter pajamas or fleece top and bottom

TOILETRIES:

_____ Toothbrush and toothpaste carried in a Ziploc bag marked with name

_____ Face or body wipes to clean face and body each day

_____ Hairbrush or comb

_____ Hair ties for anyone with long hair - campfire safety

_____ Deodorant

PERSONAL ITEMS:

_____ Headlamp (not a flashlight) with new batteries, plus extra batteries packed in a Ziploc

_____ Set of camping dishware and utensils

- sturdy metal or plastic plate and bowl
- insulated mug **with a lid**
- knife, fork, and spoon (No disposable plastic silverware)
- **Completely mesh** “mess” bag with a zipper or drawstring and a **Carabiner** (for attaching to a line to air-dry dishes)

_____ Small stuffed animal (optional)

_____ Small bottle or tube of lotion (optional)

DAY PACK – Students will have their day pack with them on the bus on departure day.

_____ Lunch for departure day **ONLY**; NO FOOD should be in the daypack after lunch

_____ Reusable water bottle with screw cap (must be spill-proof; no sport lids & no sprays)

_____ 1 set of FULL waterproof rain gear -- hooded jacket **and** pants (No ponchos)

_____ Sun hat with brim or baseball cap

_____ Chapstick SPF 15 - this is **very important** to have in the day pack for the whole trip.

_____ Buff or bandana to protect from blowing sand

_____ Sunscreen, packed in a Ziploc bag ok

_____ 1 Pen or 1 pencil and small spiral-bound notebook

_____ 1 paperback book (for reading at night time or in the van)

_____ Sunglasses

Notes about rain gear:

- Waterproof/Breathable (WP/BR) rainwear is recommended -- examples include Gore-Tex, MemBrain (by Marmot), Dry.Q (by Mountain Hardwear), REI Elements, and HyVent (by The North Face).
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath the outerwear.
- It is best if rain pants include zippers from the bottom of each leg. This feature allows pants to be put on and taken off over shoes.
- Students will be required to bring rain gear to school prior to Colorado Expedition to check for appropriate fit over clothes.
- Students will be expected to pack rain gear in daypacks everyday on Colorado Expedition.

DO NOT BRING: candy or gum, electronic games, phones, money, or medication. Medication that needs to be administered to your child during the overnight must be brought to Dr. Hocate the week before the trip.

5th GRADE COLORADO EXPEDITION 2024 STUDENT GEAR LIST

IMPORTANT: All items on this list are to be packed together in one large duffel bag. No suitcases or garbage bags will be allowed. Children are expected to practice packing their own bag; doing so will ensure that children are familiar with the contents in their bag and help them to have personal responsibility for the gear they bring on Colorado Expedition.

ALL personal items (clothing and gear) must be marked with child's name or initials.
The use of a Sharpie marker works well.

SLEEPING GEAR:

- _____ Synthetic sleeping bag, semi-rectangular or mummy-style (comfort rating in the range of -10°F to +15°F)
- _____ Fleece sleeping bag liner/travel sheet (**recommended but optional**)
- _____ Stuff sack for sleeping bag (No garbage bags)
- _____ Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (no power-inflated mattresses)
- _____ Small pillow (**optional**)

CLOTHING: All clothing must be packed in Jumbo Ziploc bags to protect from moisture and to then separate dirty clothes from clean.

- _____ 2 total pair comfortable closed-toe shoes (1 sturdy for hiking, 1 pair for campground); Keen-type sandals with back straps are OK but ***no flip flops!***
- _____ 4 pair socks (one should be wool or polar fleece)
- _____ 4 pair underwear
- _____ 2 pair long pants (No jeans – material should be polyester, nylon, or COOLMAX for quick drying)
- _____ 1 pair shorts
- _____ 1 warm long sleeved shirt, such as flannel or turtleneck
- _____ 3 t-shirts
- _____ 1 set midweight synthetic (polyester or polyester blend) long underwear, top and bottom
(synthetic polyester blends can include nylon, polypropylene, spandex or rayon)
- _____ 1 warm sweater, 100% wool or polar fleece -- ***no cotton sweatshirts!***
- _____ Activewear winter jacket
- _____ 1 warm fleece or knit hat that covers ears
- _____ 1 pair warm gloves or mittens
- _____ 1 pair winter pajamas or fleece top and bottom
- _____ Sun hat with visor or baseball cap*
- _____ Bandana or cloth scarf (optional)
- _____ 1 set **waterproof** rain gear -- **hooded jacket and pants** (No ponchos)

** 5th grade gear list continued on next page **

Notes about rain gear:

- **Waterproof/Breathable (WP/BR) rainwear is recommended -- examples include Gore-Tex, MemBrain (by Marmot), Dry.Q (by Mountain Hardwear), REI Elements, and HyVent (by The North Face).**
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath the outerwear.
- It is best if rain pants include zippers from the bottom of each leg. This feature allows pants to be put on and taken off over shoes.
- Students will be expected to pack rain gear in day packs **daily** on Colorado Expedition.

TOILETRIES:

- _____ Toothbrush and toothpaste, carried in a Ziploc bag marked with name
- _____ Washcloth and small towel
- _____ Shower soap, removed from box and stored in a plastic case or Ziploc bag
- _____ Travel size shampoo and, if needed, conditioner
- _____ Hairbrush or comb
- _____ Chapstick SPF 15*
- _____ Sunscreen, packed in a Ziploc bag*
- _____ Deodorant

PERSONAL ITEMS:

- _____ Day pack*
- _____ Head lamp (not flashlight) with new batteries, plus extra batteries packed in a Ziploc
- _____ Reusable water bottle with screw cap (Camelbacks must have shut-off valve), filled*
- _____ Set of camping dishware and utensils
 - sturdy metal or plastic plate and bowl
 - insulated mug with handle and lid
 - knife, fork, and spoon (No disposable plastic silverware)
 - mesh “mess” bag with a zipper or drawstring and a Carabiner (for attaching to a line to air-dry dishes)
- _____ Bath towel (for swimming at the Rec. Center)
- _____ Pen, pencil, and small spiral-bound notebook*
- _____ 1 paperback book (for reading at night time or in the van)*

OPTIONAL:

- _____ \$20 spending money in labeled Ziploc bag
- _____ Shower shoes (flip flops permitted)
- _____ Travel size hand sanitizer*
- _____ Camera, disposable or digital and independent of cellular or gaming device (child’s responsibility if brought)*
- _____ Sunglasses*

FOOD: for Monday

- _____ Healthy sack lunch and drink that is completely disposable, no glassware*

* Denotes items that are to be packed in day pack so student will have them in the van on the morning of departure.