

Fall Adventure Gear List
Kindergarten
2022

Fall adventure is fast approaching! The purpose of this event is to give the Kindergarten students a feel for an extended day while participating in school-related activities, and to build relationships with the other students. In the spring, as we study Colorado wildlife, we spend the night in the classroom, while first grade spends the night off campus. As the children get older, the events are longer and more involved.

Come to school dressed in the following:

- good walking shoes
- comfortable clothes that can get dirty
- hat
- sunscreen already applied

Please bring the following to school:

- a disposable sack lunch and drink
- two snacks labeled with your child's name
- Sunscreen to Reapply

Fall Adventure Gear List
First Grade
2022

Fall Adventure in First Grade will focus on our school environment. Our class will participate in activities that focus primarily on three aspects of the environment: water, plants, and animals. We will learn about the unique habitat around our school by exploring the pond and garden, learning about plants and trees, and examining animals that call CSS home. Dismissal will be at 6 pm (after dinner) in our regular carline.

Gear List:

- Comfortable walking shoes & rain boots for the pond (we will be walking around the edge of the water)
- Clothes that can get dirty
- Sunscreen already applied and extra spray sunscreen to reapply
- Sunhat
- Jacket
- Sack lunch with a drink (or if you ordered a box lunch from Chef Lori we'll pick that up here)
- 2 healthy snacks

Fall Adventure Gear List
Second Grade
2022

Following is the list of things your second-graders need to bring on overnight. The children may bring their gear to the classroom on **Friday, September 16th**, **but not before.**

Students must wear tennis shoes or hiking shoes, a hat, and sunscreen on Friday.

Pack in an overnight bag: Please label everything!

- ☐ Sleeping Bag
- ☐ Pillow
- ☐ Sleep Pad ****OPTIONAL****
- ☐ Pajamas or sweats and shirt for sleeping
- ☐ A change of clothes for Saturday
- ☐ Toiletries: toothbrush and toothpaste, soap, washcloth,
small towel, hairbrush
- ☐ ***One*** favorite doll or stuffed animal for bedtime
- ☐ Pair of water shoes or rain boots

*** Please have all gear in no more than two bundles. For example, one bag for clothing and toiletries and one bag for sleeping bag and pillow. Please label everything with your child's name.

In a daypack (backpack) for Friday: Please label everything!

- ☐ Morning Snack
- ☐ Light jacket
- ☐ Hat
- ☐ Disposable Lunch
- ☐ Filled water bottle
- ☐ Paperback book for reading in the van

Do not bring candy or gum, electronic games, phones, money, or medication. Medication that needs to be administered to your child during the overnight should be brought into Ann Runte, in the infirmary.

Medication should be taken to Ann Runte by Monday, 9/12/22.

Fall Adventure Gear List
Third Grade
2022

A large duffel bag works really well for packing personal gear. NO SUITCASES OR GARBAGE BAGS. **Children should practice packing their own bags as they will be expected to pack them on the trip.** By being actively involved in their own packing, they will know what is in their bags and how to take care of their own belongings. Please make sure all clothing and gear are labeled with your child's name. Sharpie markers work well. Please bring the packed gear on **Wednesday, September 7th**, so we have a chance to double-check that they have everything they need.

1. SLEEPING GEAR:

- _____ Warm sleeping bag (Rated for 10 degrees)
- _____ Stuff sack for sleeping bag. (NO GARBAGE BAGS.)
- _____ Small pillow
- _____ Sleeping bag liner (optional)

2. DAY PACK:

You will need to pack the following items in your daypack (school backpack works great) so you will have them in the van on Thursday morning. The rest of your gear will not be accessible.

_____ LUNCH in a throw-away sack and drink in an unbreakable container or a Maytag box lunch (Order ahead of time!) → **all other snacks and meals will be provided**

_____ WATERPROOF RAIN GEAR (JACKET with a hood...NO PONCHOS) Check to see if it fits! Rain gear needs to fit over warm jacket and/or sweater. *You may consider bringing waterproof rain pants, but this is optional.*

- _____ Reusable water bottle filled with water
- _____ Mask (optional)
- _____ Hat with a visor (Baseball hats are okay)
- _____ Small sunscreen in a Ziploc bag
- _____ Sunglasses (optional)
- _____ Personal hand sanitizer (optional)
- _____ Paperback book to read - optional
- _____ Pen, pencil, small spiral-bound notebook

DO NOT BRING: candy, gum, or other food, hair dryers or other electrical appliances, knives, matches, or lighters. Students are **not** permitted to carry their own medication.

3. DUFFEL BAG:

*** Please note that weather in Divide, CO can change quickly and it tends to be cooler at that elevation, hence the items below that seem more like cold-weather gear.**

- ____ 1 pair of sturdy shoes or Keen style closed-toe sandals: Sturdy for hiking (No flip flops or open-toed shoes)
- ____ 2 Pairs of socks (One should be wool or polar fleece.)
- ____ 1 Pair of quick-dry long pants
- ____ 1 Pair of shorts
- ____ 1 Warm long-sleeved shirt (Flannel shirts or turtlenecks work well.)
- ____ 2 Short-sleeved shirts
- ____ 2 Changes of underwear
- ____ 1 Warm fleece or knit hat that covers ears
- ____ 1 Pair of pajamas
- ____ 1 Warm sweater/pullover/jacket (fleece or wool)
- ____ Toothbrush and toothpaste (in a marked Ziplock bag)
- ____ Comb/hairbrush
- ____ Disposable Camera (Optional)
- ____ Small stuffed animal (Optional)

4. MEDICATION:

____ Medication in the original container (All directions and permission to administer must be included, following the CSS guidelines for administering medicine on off-campus trips.) **Ann Runte will collect the completed medications form and medications.**

WHEN:

Tuesday, August 23, Wednesday, August 24, Thursday, August 25 and Friday, August 26

(last day) TIME:

7:50 a.m. - 3:30 p.m.

WHERE:

Front office in the Trianon

Children's School students may not carry or self-administer any medication, Over the Counter or otherwise while on off-campus trips, overnight(s) or late night experiences on campus. The faculty member accompanying the students will be in charge of all medications. If your child needs to take medication during the time frame of their Fall Adventure, this medication must be given to the CSS Infirmary Coordinator, Ann Runte, in the original pharmacy container with only the amount needed for the duration of the trip. Please do not give medication(s) to the classroom teacher as they are unable to accept them.

Fall Adventure Gear List
Fourth & Fifth Grade
2022

IMPORTANT: All items on the list are to be packed in either a **Day Pack** or a **Personal Gear Bag** (sleeping bag and sleeping pad can be packed separately). No suitcases or garbage bags will be allowed. Children are expected to practice packing their own bags; doing so will ensure that children are familiar with the contents in their bag and help them to have personal responsibility for the gear they bring on Colorado Expedition.

ALL personal items (clothing and gear) must be marked with child's name or initials.
The use of a Sharpie marker works well.

FOOD: for Wednesday

_____ Healthy sack lunch and drink that is completely disposable- no glass.

SLEEPING GEAR:

_____ Synthetic sleeping bag, semi-rectangular or mummy-style with a comfort rating in the range of -10°F to +15°F.

_____ Fleece sleeping bag liner/travel sheet (recommended but optional)

_____ Stuff sack for sleeping bag (No garbage bags)

_____ Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (no power-inflated mattresses)

_____ Small pillow

PERSONAL GEAR BAG **Students will not have access to their Personal Gear Bag until late Wednesday afternoon.**

CLOTHING: All clothing should be packed in Jumbo Ziploc bags to protect from moisture and to then separate dirty clothes from clean. This list is **in addition** to what they wear on Wednesday.

_____ 1 extra pair comfortable and sturdy closed-toe shoes

(Keen-type/Chaco sandals with back straps are OK) -- *no flip flops!*

_____ 3 pair socks (one should be wool or polar fleece)

_____ 3 pair underwear

_____ 2 pair long pants (No jeans – material should be polyester, nylon, or COOLMAX for quick drying)

_____ 2 pair shorts

_____ 2 warm long-sleeved shirts, such as flannel or turtleneck

_____ 3 t-shirts

_____ 1 warm sweater, 100% wool or polar fleece -- *no cotton sweatshirts!*

_____ Warm activewear jacket

_____ 1 warm fleece or knit hat that covers ears

_____ 1 pair warm gloves or mittens

_____ 1 pair winter pajamas or fleece top and bottom

_____ Water shoes or sandals that can get wet

TOILETRIES:

- _____ Toothbrush and toothpaste carried in a Ziploc bag marked with name
- _____ Hairbrush or comb
- _____ Deodorant

PERSONAL ITEMS:

- _____ Headlamp (not a flashlight) with new batteries, plus extra batteries packed in a Ziploc
 - _____ Set of camping dishware and utensils
 - sturdy metal or plastic plate and bowl
 - insulated mug (lid is recommended)
 - knife, fork, and spoon (No disposable plastic silverware)
 - mesh “mess” bag with a zipper or drawstring and a Carabiner (for attaching to a line to air-dry dishes)
 - _____ Small stuffed animal (optional)
 - _____ Small bottle or tube of lotion (optional)
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DAY PACK * Students will have their day pack with them all day on Wednesday. *

- _____ Lunch for Wednesday; NO FOOD should be in the daypack after lunch
- _____ See-through reusable water bottle with screw cap (must be spill-proof; no sport lids & no sprays)
- _____ 1 set waterproof rain gear -- hooded jacket and pants (No ponchos)
- _____ Sun hat with visor or baseball cap
- _____ Chapstick SPF 15
- _____ Sunscreen, packed in a Ziploc bag
- _____ Pen, pencil, and small spiral-bound notebook
- _____ 1 paperback book (for reading at night time or in the van)
- _____ Travel size hand sanitizer
- _____ Sunglasses
- _____ Camera, disposable or digital (child’s responsibility if brought)
- _____ Travel size pack of wet-ones

Notes about rain gear:

- **Waterproof/Breathable (WP/BR) rainwear is recommended -- examples include Gore-Tex, MemBrain (by Marmot), Dry.Q (by Mountain Hardwear), REI Elements, and HyVent (by The North Face).**
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath the outerwear.
- It is best if rain pants include zippers from the bottom of each leg. This feature allows pants to be put on and taken off over shoes.
- Students will be required to bring rain gear to school prior to Colorado Expedition to check for appropriate fit over clothes.
- Students will be expected to pack rain gear in daypacks *everyday* on Colorado Expedition.