Fall Adventure Gear List
Kindergarten
2023

Fall adventure is fast approaching! The purpose of this event is to give the Kindergarten students a feel for an extended day while participating in school-related activities, and to build relationships with the other students. In the spring, as we study Colorado wildlife, we spend the night in the classroom, while first grade spends the night off campus. As the children get older, the events are longer and more involved.

Come to school dressed in the following:
- good walking shoes
- comfortable clothes that can get dirty
- hat
- sunscreen already applied

Please bring the following to school:
- a disposable sack lunch and drink
- two snacks labeled with your child’s name
- Sunscreen to Reapply
Fall Adventure in First Grade will focus on our school environment. Our class will participate in activities that focus primarily on three aspects of the environment: water, plants, and animals. We will learn about the unique habitat around our school by exploring the pond and garden, learning about plants and trees, and examining animals that call CSS home. Dismissal will be at 6 p.m. (after dinner) in our regular carline.

**Gear List:**
- Comfortable walking shoes & rain boots for the pond (we will be walking around the edge of the water)
- Clothes that can get dirty
- Sunscreen already applied and extra spray sunscreen to reapply
- Sunhat
- Jacket
- Sack lunch with a drink (or if you ordered a box lunch from Chef Lori we’ll pick that up here)
- 2 healthy snacks
Fall Adventure Gear List
Second Grade
2023

Following is the list of things your second-graders need to bring on overnight. The children may bring their gear to the classroom on Friday, **Friday, September 22, but not before.**

Students must wear tennis shoes or hiking shoes, a hat, and sunscreen on Friday.

**Pack in an overnight bag: Please label everything!**

___ Sleeping Bag
___ Pillow
___ Sleep Pad **OPTIONAL**
___ Pajamas or sweats and shirt for sleeping
___ A change of clothes for Saturday
___ Toiletries: toothbrush and toothpaste, soap, washcloth, small towel, hairbrush
___ **One** favorite doll or stuffed animal for bedtime
___ Pair of water shoes or rain boots

*** Please have all gear in no more than two bundles. For example, one bag for clothing and toiletries and one bag for sleeping bag and pillow. Please label everything with your child’s name.

**In a daypack (backpack) for Friday: Please label everything!**

___ Morning Snack
___ Light jacket
___ Hat
___ Disposable Lunch
___ Filled water bottle
___ Paperback book for reading in the van

Do not bring candy or gum, electronic games, phones, money, or medication. Medication that needs to be administered to your child during the overnight should be brought into Dr. Hocate in the Infirmary.

**Medication should be taken to Dr. Hocate by Monday, September 18, 2023.**
Fall Adventure Gear List  
Third Grade  
2023

A large duffel bag works really well for packing personal gear. NO SUITCASES OR GARBAGE BAGS. **Children should practice packing their own bags as they will be expected to pack them on the trip.** By being actively involved in their own packing, they will know what is in their bags and how to take care of their own belongings. Please make sure all clothing and gear are labeled with your child’s name. Sharpie markers work well. Please bring the packed gear on **Wednesday, September 6**, so we have a chance to double-check that they have everything they need.

1. **SLEEPING GEAR:**

   ____ Warm sleeping bag (Rated for 10 degrees)  
   ____ Stuff sack for sleeping bag. (NO GARBAGE BAGS.)  
   ____ Small pillow  
   ____ Sleeping bag liner (optional)

2. **DAY PACK:**
You will need to pack the following items in your daypack (school backpack works great) so you will have them in the van on Thursday morning. The rest of your gear will not be accessible.

   ____ LUNCH in a throw-away sack and drink in an unbreakable container or a Maytag box lunch (Order ahead of time!) → **all other snacks and meals will be provided**  
   ____ WATERPROOF RAIN GEAR (JACKET with a hood...NO PONCHOS) Check to see if it fits! Rain gear needs to fit over warm jacket and/or sweater. *You may consider bringing waterproof rain pants, but this is optional.*  
   ____ Reusable water bottle filled with water  
   ____ Mask (optional)  
   ____ Hat with a visor (Baseball hats are okay)  
   ____ Small sunscreen in a Ziploc bag  
   ____ Sunglasses (optional)  
   ____ Personal hand sanitizer (optional)  
   ____ Paperback book to read - optional  
   ____ Pen, pencil, small spiral-bound notebook

**DO NOT BRING:** candy, gum, or other food, hair dryers or other electrical appliances, knives, matches, or lighters. Students are **not** permitted to carry their own medication.
3. **DUFFEL BAG:**
* Please note that weather in Divide, CO can change quickly and it tends to be cooler at that elevation, hence the items below that seem more like cold-weather gear.
   - 1 pair of sturdy shoes or Keen style closed-toe sandals: Sturdy for hiking (No flip flops or open-toed shoes)
   - 2 Pairs of socks (One should be wool or polar fleece.)
   - 1 Pair of quick-dry long pants
   - 1 Pair of shorts
   - 1 Warm long-sleeved shirt (Flannel shirts or turtlenecks work well.)
   - 2 Short-sleeved shirts
   - 2 Changes of underwear
   - 1 Warm fleece or knit hat that covers ears
   - 1 Pair of pajamas
   - 1 Warm sweater/pullover/jacket (fleece or wool)
   - Toothbrush and toothpaste (in a marked Ziplock bag)
   - Comb/hairbrush
   - Disposable Camera (Optional)
   - Small stuffed animal (Optional)

4. **MEDICATION:**
   - Medication in the original container (All directions and permission to administer must be included, following the CSS guidelines for administering medicine on off-campus trips.) **Dr. Hocate will collect the completed medications form and medications.**

Lower School students may not carry or self-administer any medication, Over the Counter or otherwise while on off-campus trips, overnight(s) or late night experiences on campus. The faculty member accompanying the students will be in charge of all medications. If your child needs to take medication during the time frame of their Fall Adventure, this medication must be given to the CSS Campus Health Coordinator, Dr. Melissa Hocate, in the original pharmacy container with only the amount needed for the duration of the trip. Please do not give medication(s) to the classroom teacher as they are unable to accept them.
IMPORTANT: All items on the list are to be packed in either a **Day Pack** or a **Personal Gear Bag** (sleeping bag and sleeping pad can be packed separately). No suitcases or garbage bags will be allowed. Children are expected to practice packing their own bags; doing so will ensure that children are familiar with the contents in their bag and help them to have personal responsibility for the gear they bring on Colorado Expedition.

**ALL** personal items (clothing and gear) must be marked with child's name or initials.

The use of a Sharpie marker works well.

**FOOD:** for Wednesday

- Healthy sack lunch and drink that is completely disposable- no glass.

**SLEEPING GEAR:**

- Synthetic sleeping bag, semi-rectangular or mummy-style with a comfort rating in the range of -10°F to +15°F.
- Fleece sleeping bag liner/travel sheet (recommended but optional)
- Stuff sack for sleeping bag (No garbage bags)
- Sleeping pad for under sleeping bag, maximum 3.5-inch thickness (no power-inflated mattresses)
- Small pillow

**PERSONAL GEAR BAG** *Students will not have access to their Personal Gear Bag until late Wednesday afternoon.*

**CLOTHING:** All clothing should be packed in Jumbo Ziploc bags to protect from moisture and to then separate dirty clothes from clean. This list is **in addition** to what they wear on Wednesday.

- 1 extra pair comfortable and sturdy closed-toe shoes
  (Keen-type/Chaco sandals with back straps are OK) -- **no flip flops**!
- 3 pair socks (one should be wool or polar fleece)
- 3 pair underwear
- 2 pair long pants (No jeans – material should be polyester, nylon, or COOLMAX for quick drying)
- 2 pair shorts
- 2 warm long-sleeved shirts, such as flannel or turtleneck
- 3 t-shirts
- 1 warm sweater, 100% wool or polar fleece -- **no cotton sweatshirts**!
- Warm activewear jacket
- 1 warm fleece or knit hat that covers ears
- 1 pair warm gloves or mittens
- 1 pair winter pajamas or fleece top and bottom
- Water shoes or sandals that can get wet
TOILETRIES:
_____ Toothbrush and toothpaste carried in a Ziploc bag marked with name
_____ Hairbrush or comb
_____ Deodorant

PERSONAL ITEMS:
_____ Headlamp (not a flashlight) with new batteries, plus extra batteries packed in a Ziploc
_____ Set of camping dishware and utensils
   ● sturdy metal or plastic plate and bowl
   ● insulated mug (lid is recommended)
   ● knife, fork, and spoon (No disposable plastic silverware)
   ● mesh “mess” bag with a zipper or drawstring and a Carabiner (for attaching to a line to air-dry dishes)
_____ Small stuffed animal (optional)
_____ Small bottle or tube of lotion (optional)

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DAY PACK * Students will have their day pack with them all day on Wednesday.*
_____ Lunch for Wednesday; NO FOOD should be in the daypack after lunch
_____ See-through reusable water bottle with screw cap (must be spill-proof; no sport lids & no sprays)
_____ 1 set waterproof rain gear -- hooded jacket and pants (No ponchos)
_____ Sun hat with visor or baseball cap
_____ Chapstick SPF 15
_____ Sunscreen, packed in a Ziploc bag
_____ Pen, pencil, and small spiral-bound notebook
_____ 1 paperback book (for reading at night time or in the van)
_____ Travel size hand sanitizer
_____ Sunglasses
_____ Camera, disposable or digital (child’s responsibility if brought)
_____ Travel size pack of wet-ones

Notes about rain gear:
- Waterproof/Breathable (WP/BR) rainwear is recommended -- examples include Gore-Tex, MemBrain (by Marmot), Dry.Q (by Mountain Hardwear), REI Elements, and HyVent (by The North Face).
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath the outerwear.
- It is best if rain pants include zippers from the bottom of each leg. This feature allows pants to be put on and taken off over shoes.
- Students will be required to bring rain gear to school prior to Colorado Expedition to check for appropriate fit over clothes.
- Students will be expected to pack rain gear in daypacks everyday on Colorado Expedition.