



## Request to Self Carry and/or Self Administer a Medication

A Middle School or Upper School student may self-carry and self-administer certain medications (prescription, OTC, Vitamin, Supplement, emergency meds) while on campus or during school-sponsored off-campus activities after discussing the request with the Health Coordinator and after approval by both the Health Coordinator and Division Director.

A Medical Action Plan from the students healthcare provider must also be submitted with the request to self carry/self administer. A student must also have an updated annual physical and have completed required school vaccinations or signed a vaccination waiver.

Decisions to allow a student to self carry/self administer will consider the student's **maturity, reliability, and competency**, as well as overall **safety implications**.

### Medication Eligibility by Grade Level

- **Grades 6–7:** Inhalers Only
- **Grade 8:** Inhalers and EpiPens.
- **Grades 9–12:** Inhalers, EpiPens, and certain medications, vitamins, supplements

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Student: \_\_\_\_\_

Grade level: \_\_\_\_\_

#### Medication Information

- **Medication Name (Prescription or OTC):** \_\_\_\_\_
- **Dosage:** \_\_\_\_\_
- **When Medication Is to Be Taken:** \_\_\_\_\_
- **Medical Condition related to this medication:** \_\_\_\_\_

Student Signature/Date Signed: \_\_\_\_\_

Parent Signature/Date Signed: \_\_\_\_\_