Walkabout 2024 Gear List

IMPORTANT: All items on this list are to be packed together INSIDE one large duffel bag and one daypack. No suitcases or garbage bags will be allowed. Gear may be organized within the duffel bag by placing it in stuff sacks or large Ziploc bags. Please label personal equipment with the student’s name. Equipment should not be clipped or hanging from the outside of the duffle bag.

It is imperative that the list below be followed EXACTLY (no more and no less). This will ensure both comfort and safety on Walkabout. We may encounter temperatures ranging from 20°F to 100°F, in addition to rain and/or snow. Please bring items that need not be replaced as desert conditions can cause permanent damage or staining.

CLOTHING:
Tops:
   _____ - 5 short sleeve T-shirts (2 of which MUST be synthetic or tech material)
   _____ - 1 Walkabout shirt
   _____ - 1 synthetic long sleeve shirt
   _____ - 1 thermal/baselayer long sleeve shirt (midweight synthetic or smartwool)
   _____ - 1 warm sweater or sweatshirt (preferably fleece or polartec)
   _____ - 1 midweight jacket (midweight “puffy” preferred)
   _____ - 1 rain jacket (able to be worn over midweight jacket)***

Bottoms:
   _____ - 8 pair of underwear
   _____ - 3 pair synthetic shorts (no jeans or cotton shorts)
   _____ - 2 pair synthetic pants (no jeans or sweatpants)
   _____ - 1 pair of thermal/base wear pants (midweight synthetic or smartwool)
   _____ - 1 pair rain pants***

Shoes/Socks
   _____ - 1 pair of hiking shoes/boots (completely closed toe)
   _____ - 1 pair of river shoes/sandals - Chacos, Keens, or Tevas (NO FLIP FLOPS)
   _____ Optional: an old pair of tennis shoes to wear for canyoneering day (could wear river shoes/sandals though)
   _____ - 2 pair heavyweight wool socks
   _____ - 4 pair lightweight wool socks

Clothing Accessories
   _____ - 1 brimmed hat (baseball or sunhat)
   _____ - 1 winter hat (covers the ears)
   _____ - 1 pair winter gloves
   _____ - 1 pair sunglasses (with Croakies)
   _____ - 1 swimsuit (one piece, athletic cut)
   _____ - 1 bandanas

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Camping Essentials
Camp/Sleep System
_____ - 1 Sleeping bag rated for comfort at 15°F WITH compression bag
_____ - 1 packable Sleeping pad (maximum 3.5” depth and NO power inflated mattresses)
_____ - 1 Travel pillow (optional)

Toiletries/Personal Care
_____ - 1 toothbrush and toothpaste, carried in a Ziploc bag marked with name (non-electric)
_____ - 1 environmentally friendly soap and/or shampoo (will be washed away in river)
_____ - 1 hairbrush or comb
_____ - 2 sticks of chapstick SPF 15+
_____ - 1 sunscreen lotion and 2 spray bottles of sunscreen SPF 30+ in a clear ziploc bag
_____ - 1 deodorant
_____ - 1 bottle of moisturizing lotion
_____ - 1 container of insect repellent
_____ - feminine hygiene products and a non-transparent disposable bag (for packing out)
_____ - saline nasal spray (for the dry climate)
_____ - vaseline or “body glide” for chafing
_____ - 1 small bottle of aloe

Other Personal Gear
_____ - 1 daypack of approximately 15-25L
_____ - 1 string daypack
_____ - 2 1L Nalgene bottles (required even if a bladder is being used)
_____ - OPTIONAL 1.5-2L Camelback style bladder
_____ - 1 reusable plate (metal or plastic)
_____ - 1 reusable set of utensils (metal or plastic)
_____ - 1 reusable mug/cup with handle (metal or plastic)
_____ - 1 mesh bag for place, utensils, and cup
_____ - 1 quick dry towel
_____ - 1 headlamp (with 2 extra SETS of batteries)
_____ - Optional: playing cards, small packable game sets, frisbees
_____ - 2 writing utensils
_____ - 1 packed lunch in brown paper bag for travel day

THINGS TO LEAVE AT HOME!
- Phones, iPods, headphones/earbuds, portable gaming systems
- Knives, lighters, Swiss Army knives or multitools
- Cameras (teachers will be responsible for taking pictures)
- Personal snacks/food (outside of the first day’s packed lunch)
- Medication outside of those known to the school (Advil, Tums, etc)

Notes about rain gear:
- Waterproof/Breathable (WP/BR) rainwear is recommended, examples include Gore-Tex, MemBrain (Marmot), Dry.Q (Mountain Hardwear), REI Elements, and HyVent (The North Face).
- Try the gear on to confirm that it fits; it is important that warm layers can fit underneath
- It is best if rain pants include zippers from the bottom of each leg so they can be put on/ taken off over shoes.